


AUGUST 2018

First Step to Nutrition

AM Snack, Dinner & Eve Snack - 1% Milk/Whole Milk served to children age 1 WG= whole grain

* Provider Signature: _____

Sun	Monday	Tuesday	Wednesday	Thursday	Friday	Sat
			<p style="text-align: right;">1</p> AM - Waffles/Milk Grilled Cheese Tomato Soup Pineapple WG Wheat Bread/Milk ES - Graham Crackers/Milk	<p style="text-align: right;">2</p> AM - Mangos/Milk Beef Stir Fry Broccoli Mandarin Oranges WG Brown Rice/Milk ES - Soft Pretzel/Milk	<p style="text-align: right;">3</p> AM - Bagel/Milk Turkey Sandwich Cucumbers Peaches WG Wheat Bread/Milk ES - Yogurt/Milk	
5	<p style="text-align: right;">6</p> AM -Banana/Milk Sloppy Joes Broccoli Apple WG Bun/Milk ES - Graham Crackers/Milk	<p style="text-align: right;">7</p> AM-String Cheese/Milk Chicken Legs Green Beans Fruit Cocktail Roll/Milk ES - WG Oatmeal/Milk	<p style="text-align: right;">8</p> AM - Bagel/Milk Baked Ziti w/cheese Salad Pears Milk ES - WG Cracker/Milk	<p style="text-align: right;">9</p> AM - Waffles/Milk Grilled Cheese Tomato Soup Strawberries WG Wheat Bread/Milk ES - Kix/Milk	<p style="text-align: right;">10</p> AM - Soft Pretzels/Milk Egg Salad Cucumbers Peaches WG Wheat Pita Bread/Milk ES - Watermelon/Milk	11
12	<p style="text-align: right;">13</p> AM - Apples/Milk Meatloaf Corn Applesauce WG Brown Rice/Milk ES - Yogurt/Milk	<p style="text-align: right;">14</p> AM - Raisin Bread/Milk Baked Chicken Sweet Potato Fries Peaches Biscuit/Milk ES - WG Cracker/Milk	<p style="text-align: right;">15</p> AM - Carrots/Milk Fish Fillets Lima Beans Kiwi WG Brown Rice/Milk ES - String Cheese/Milk	<p style="text-align: right;">16</p> AM - English Muffin/Milk Cheese Pizza Green Beans Fruit Cocktail Milk ES - WG Oatmeal/Milk	<p style="text-align: right;">17</p> AM - Rice Cakes/Milk PB & J/String Cheese Carrots Strawberries WG Wheat Bread/Milk ES - Frozen Bananas/Milk	18
19	<p style="text-align: right;">20</p> AM - Apple /Milk Grilled Cheese Tomato Soup Pineapple WG Wheat Bread/Milk ES - Yogurt/Milk	<p style="text-align: right;">21</p> AM - Peaches/Milk Scrambled Eggs Hash Browns Mandarin Oranges English Muffin/Milk ES - WG Crackers/Milk	<p style="text-align: right;">22</p> AM - Croissants/Milk Ham Sandwich Cucumbers Grapes WG Wheat Bread/Milk ES - Pretzels/Milk	<p style="text-align: right;">23</p> AM - Cream of Wheat/Milk Chicken Legs Cauliflower Fruit Cocktail WG Brown Rice/Milk ES - Fruit Smoothie/Milk	<p style="text-align: right;">24</p> AM - Animal Crackers/Milk Cheese Pizza Muffin Salad Applesauce Milk ES -WG Oatmeal/Milk	25
26	<p style="text-align: right;">27</p> AM - Applesauce/Milk Beef Tacos Lettuce/Tomato Fruit Cocktail WG Tortillas/Milk ES - String Cheese/Milk	<p style="text-align: right;">28</p> AM - French Toast/Milk Lasagna w/Cheese Salad Strawberries Milk ES - WG Crackers/Milk	<p style="text-align: right;">29</p> AM - Fruit Salad/Milk Chicken Strips Broccoli Applesauce WG Brown Rice/Milk ES - Yogurt/Milk	<p style="text-align: right;">30</p> AM - Peach Smoothie/Milk Scrambled Eggs Peas Oranges WG Wheat Toast/Milk ES - Pretzels/Milk	<p style="text-align: right;">31</p> AM - String Cheese/Milk Ham Slice Corn Watermelon Biscuit/Milk ES - WG Oatmeal/Milk	