


June 2017

First Step to Nutrition

Breakfast, Lunch & PM Snack - Meals Include 1% Lowfat Milk

* Provider Signature: _____

Sun	Monday	Tuesday	Wednesday	Thursday	Friday	Sat
				<p>Turkey Rollup Carrots Strawberries Tortilla/Milk</p> <p>Oatmeal Bananas/Milk PM - Pretzels/Milk</p>	<p>Chicken Stir Fry Broccoli Pineapple Brown Rice/Milk</p> <p>Bagel Pears/Milk PM - Fruit Salad/Milk</p>	
4	<p>Beef Tacos Lettuce/Tomato Apples Taco Shell/Milk</p> <p>Wheat Toast Peaches/Milk PM - Applesauce/Milk</p>	<p>Ziti/Meatsauce Salad Pineapple Milk</p> <p>Cheerios Banana/Milk PM - Oranges/Milk</p>	<p>Grilled Sausage Green Beans Fruit Cocktail Macaroni Salad/Milk</p> <p>Cream of Wheat Watermelon/Milk PM-Whole Grain Ckr/Milk</p>	<p>Chicken Legs Potato Wedges Applesauce Wheat Roll/Milk</p> <p>English Muffins Grapes/Milk PM - Froz Bananas/Milk</p>	<p>Macaroni & Cheese Broccoli Pears Milk</p> <p>Mini Wheats Plums/Milk PM - Soft Pretzel/Milk</p>	10
11	<p>PB&J w/ string cheese Carrots Fruit Cocktail Wheat Bread/Milk</p> <p>Waffles Cutie/Milk PM - Watermelon/Milk</p>	<p>Baked Fish Scalloped Potatoes Applesauce Wheat Roll/Milk</p> <p>Cinnamon Toast Bananas/Milk PM - Yogurt/Milk</p>	<p>Grilled Cheese Green Beans Peaches Wheat Bread/Milk</p> <p>Cheerios Grapes/Milk PM - Goldfish/Milk</p>	<p>Sloppy joes Cauliflower Strawberries Bun/Milk</p> <p>Mini Wheats Bananas/Milk PM -Rice Cakes/PB/Milk</p>	<p>Ham Sandwich Cucumbers Fruit Salad Wheat Bread/Milk</p> <p>Oatmeal Peaches/Milk PM - Blueberries/Milk</p>	17
18	<p>Lasagna w/Beef Salad Pears Milk</p> <p>Wheat Toast Strawberries/Milk PM-French Toast/Milk</p>	<p>Chicken Stir Fry Mixed Vegetables Kiwi Brown Rice/Milk</p> <p>Pancakes Grapes/Milk PM -Strawberries/Milk</p>	<p>Turkey Sandwich Broccoli Fruit Cocktail Wheat Bread/Milk</p> <p>Bagels Plums/Milk PM - Fruit Salad/Milk</p>	<p>Chicken Drumsticks Lima Beans Watermelon Brown Rice/Milk</p> <p>Kix Cutie/Milk PM - Celery/PB/Milk</p>	<p>PB&J w/ string cheese Carrots Apples Wheat Bread/Milk</p> <p>Cream of Wheat Bananas/Milk PM - Watermelon/Milk</p>	24
25	<p>Homemade Chicken Soup Carrots & Celery Pineapple Noodles/Milk</p> <p>Wheat Toast Apple/Milk PM - Rice Cakes/PB/Milk</p>	<p>Cheese Muffin Pizza Green Beans Peaches Milk</p> <p>Oatmeal Banana/Milk PM - Nectarines/Milk</p>	<p>Cheese Quiche Peas Watermelon Pie Crust/Milk</p> <p>Cherrios Plums/Milk PM - Strawberries/Milk</p>	<p>Ham Lima Beans Pineapple Wheat Roll/Milk</p> <p>Waffles Watermelon/Milk PM - Yogurt/Milk</p>	<p>Chicken Salad Cucumbers Strawberries Wheat Tortillas/Milk</p> <p>Grits Peaches/Milk PM - Watermelon/Milk</p>	