


June 2018

First Step to Nutrition

AM Snack, Dinner & Eve Snack -1% Milk/whole milk served to children age 1 WG = whole grain

* Provider Signature: _____

Sun	Monday	Tuesday	Wednesday	Thursday	Friday	Sat
					<p>1 AM - Graham Crackers/Milk</p> <p>Tuna Noodle Mixed Veg Kiwi Milk</p> <p>ES - WG GoldFish/Milk</p>	<p>2</p>
<p>3</p>	<p>4 AM -Banana/Milk</p> <p>Sloppy Joes Corn Nectarines WG Bun/Milk</p> <p>ES - Graham Crackers/Milk</p>	<p>5 AM-String Cheese/Milk</p> <p>Chicken Drumsticks Baked Beans Fruit Cocktail WG Wild Rice/Milk</p> <p>ES - Pretzels/Milk</p>	<p>6 AM - Cantaloupe/Milk</p> <p>Spaghetti w/ Meatballs Salad Pears Milk</p> <p>ES - WG Oatmeal/Milk</p>	<p>7 AM - French Toast/Milk</p> <p>Vegetable Beef Soup Carrots Strawberries Crackers/Milk</p> <p>ES - WG Cheerios/Milk</p>	<p>8 AM - Soft Pretzels/Milk</p> <p>Egg Salad Pickles Peaches WG Pita Bread/Milk</p> <p>ES - Bagel/Milk</p>	<p>9</p>
<p>10</p>	<p>11 AM - Apples/Milk</p> <p>Meatloaf Corn Applesauce WG Roll/Milk</p> <p>ES - Celery and PB/Milk</p>	<p>12 AM - Cantaloupe/Milk</p> <p>Turkey Sandwich Cucumbers Grapes WG Bread/Milk</p> <p>ES - Pretzels/Milk</p>	<p>13 AM - Carrots/Milk</p> <p>Baked Fish Lima Beans Kiwi Fish Crackers/Milk</p> <p>ES - WG Oatmeal/Milk</p>	<p>14 AM - Yogurt/Milk</p> <p>Cheese Muffin Pizza Green Beans Blueberries Milk</p> <p>ES - WG Toast/Milk</p>	<p>15 AM - Cuties/Milk</p> <p>PB & J/String Cheese Cucumbers Strawberries WG Bread/Milk</p> <p>ES - Yogurt/Milk</p>	<p>16</p>
<p>17</p>	<p>18 AM - Applesauce /Milk</p> <p>Grilled Cheese Tomato Soup Pineapple WG Bread/Milk</p> <p>ES - Nectarines/Milk</p>	<p>19 AM - Watermelon/Milk</p> <p>Scrambled Eggs Hash Browns Mandarins WG English Muffins/Milk</p> <p>ES - Bananas/Milk</p>	<p>20 AM - Crepes/Milk</p> <p>Ham Corn Grapes Corn Muffin/Milk</p> <p>ES - WG Crackers/Milk</p>	<p>21 AM - Cream of Wheat/Milk</p> <p>Homemade Chicken Soup Carrots & Celery Fruit Cocktail WG Wild Rice/Milk</p> <p>ES - Yogurt/Milk</p>	<p>22 AM - Blueberries/Milk</p> <p>Cheese Muffin Pizza Salad Applesauce Milk</p> <p>ES - WG GoldFish/Milk</p>	<p>23</p>
<p>24</p>	<p>25 AM - Watermelon/Milk</p> <p>Chicken Salad Veg Tray Fruit Cocktail WG Bread/Milk</p> <p>ES - Croissants/Milk</p>	<p>26 AM - French Toast/Milk</p> <p>Cheeseburger Broccoli Strawberries WG Bun/Milk</p> <p>ES - Apple and PB/Milk</p>	<p>27 AM - Banana/Milk</p> <p>Beef Stir fry Snow Peas Applesauce WG Brown Rice/Milk</p> <p>ES - Waffles/Milk</p>	<p>28 AM - English Muffins/Milk</p> <p>Beef Tacos Lettuce/Tomato Peaches WG Tortillas/Milk</p> <p>ES - String Cheese/Milk</p>	<p>29 AM - Pancakes/Milk</p> <p>Grilled Cheese Tomato Soup Pears WG Bread/Milk</p> <p>ES - Bananas/Milk</p>	<p>30</p>