


March 2018

First Step to Nutrition

AM Snack, Dinner & Eve Snack - 1% Milk/whole milk served to children age 1 **WG** = whole grain

* Provider Signature: _____

Sun	Monday	Tuesday	Wednesday	Thursday	Friday	Sat
				<p>AM - French Toast/Milk ¹</p> <p>Ham Corn Peaches Roll/Milk</p> <p>ES - WG Bagel/Milk</p>	<p>AM - Corn Muffin/Milk ²</p> <p>Scrambled Eggs Peas Oranges WG Toast/Milk</p> <p>ES - Applesauce/Milk</p>	
⁴	<p>AM -Pancakes/Milk ⁵</p> <p>Sloppy Joes Tater Tots Kiwi Bun/Milk</p> <p>ES - WG Crackers/Milk</p>	<p>AM-String Cheese/Milk ⁶</p> <p>Baked Chicken Baked Beans Fruit Cocktail Bun/Milk</p> <p>ES - WG Oatmeal/Milk</p>	<p>AM - Banana/Milk ⁷</p> <p>Spaghetti and Meatballs Salad Pears Milk</p> <p>ES - WG English Muffin/Milk</p>	<p>AM - Waffles/Milk ⁸</p> <p>Vegetable Beef Soup Corn Orange Saltines/Milk</p> <p>ES - WG Cheerios/Milk</p>	<p>AM - Bagel/Milk ⁹</p> <p>Egg Salad Cucumbers Peaches Pita Bread/Milk</p> <p>ES - WG Crackers/Milk</p>	¹⁰
¹¹	<p>AM - Crepes/Milk ¹²</p> <p>Meatloaf Corn Applesauce WG Roll/Milk</p> <p>ES - Celery/PB/Milk</p>	<p>AM - Pancakes/Milk ¹³</p> <p>Turkey Breast Mashed Potatoes Fruit Salad Stuffing/Milk</p> <p>ES - WG Goldfish/Milk</p>	<p>AM - Carrots/Dip/Milk ¹⁴</p> <p>Grilled Cheese Tomato Soup Pineapple WG Bread/Milk</p> <p>ES - Bagel/Milk</p>	<p>AM - Yogurt/Milk ¹⁵</p> <p>Chicken Noodle Soup Carrots Fruit Cocktail WG Crackers/Milk</p> <p>ES - Banana/Milk</p>	<p>AM - Rice Cakes/Milk ¹⁶</p> <p>Cheese Quesadillas Corn Plums Milk</p> <p>ES - WG Cherrios/Milk</p>	¹⁷
¹⁸	<p>AM - String Cheese/Milk ¹⁹</p> <p>Chicken Drumsticks Mixed Vegetables Pineapple Roll/Milk</p> <p>ES - WG English Muffin/Milk</p>	<p>AM - Apples/Milk ²⁰</p> <p>Quiche Peas Mandarin Oranges Milk</p> <p>ES - WG Oatmeal/Milk</p>	<p>AM - Grits/Milk ²¹</p> <p>Ham & Cheese Sandwich Cucumbers Pears WG Bread/Milk</p> <p>ES - Corn Muffin/Milk</p>	<p>AM - French Toast/Milk ²²</p> <p>Bean Soup Carrots & Celery Fruit Cocktail WG Crackers/Milk</p> <p>ES - Yogurt/Milk</p>	<p>AM - Pancakes/Milk ²³</p> <p>Cheese Pizza Salad Applesauce Milk</p> <p>ES - WG English Muffin/Milk</p>	²⁴
²⁵	<p>AM - Yogurt/Milk ²⁶</p> <p>Turkey and Cheese Carrots Fruit Cocktail WG Bread/Milk</p> <p>ES - Pretzels/Milk</p>	<p>AM - Waffles/Milk ²⁷</p> <p>Ham Lima Beans Apple Roll/Milk</p> <p>ES - WG Oatmeal/Milk</p>	<p>AM - Fruit Cocktail/Milk ²⁸</p> <p>Beef Tacos Lettuce/Tomato Strawberries Milk</p> <p>ES - WG Cherrios/Milk</p>	<p>AM - French Toast/Milk ²⁹</p> <p>Chicken Salad Cucumbers Pears Pita/Milk</p> <p>ES - WG Crackers/Milk</p>	<p>AM - Pancakes/Milk ³⁰</p> <p>Scrambled Eggs Broccoli Blueberries WG Toast/Milk</p> <p>ES - String Cheese/Milk</p>	³¹