



May 2017

First Step to Nutrition

Breakfast, Lunch & PM Snack - Meals Include 1% Lowfat Milk

* Provider Signature: _____

Sun	Monday	Tuesday	Wednesday	Thursday	Friday	Sat
	<p>Hotdogs Baked Beans Watermelon Bun/Milk</p> <p>Wheat French Toast Grapes/Milk PM - Yogurt/Milk</p>	<p>Turkey Sandwich Cucumbers Apples Wheat Bread/Milk</p> <p>Kix Bananas/Milk PM - Fruit Salad/Milk</p>	<p>Cheese Pizza Lima Beans Nectarines Milk</p> <p>Cherrios Apples/Milk PM - Veg Tray/Milk</p>	<p>Pork Stir Fry Broccoli Applesauce Brown Rice/Milk</p> <p>Pancakes Peaches/Milk PM - Soft Pretzel/Milk</p>	<p>Macaroni and Cheese Peas Pears Milk</p> <p>Wheat English Muffins Watermelon/Milk PM - Bagels/Milk</p>	
7	<p>Beef Tacos Lettuce/tomato Fruit Cocktail Milk</p> <p>Pancakes Peaches/Milk PM - Whole Grain Ckr/Milk</p>	<p>Spaghetti & Meatballs Salad Pineapple Milk</p> <p>Cherrios Bananas/Milk PM - Oranges/Milk</p>	<p>Chicken Tenders Green Beans Fruit Cocktail Macaroni Salad/Milk</p> <p>Whole Grain Waffles Watermelon/Milk PM-Yogurt/Milk</p>	<p>Meatloaf Mashed Potatoes Applesauce Biscuit/Milk</p> <p>Wheat English Muffins Grapes/Milk PM - Bananas/Milk</p>	<p>Egg Salad Cucumbers Pineapple Wheat Bread/Milk</p> <p>Kix Apples/Milk PM - Peaches/Milk</p>	13
14	<p>Hamburger Carrots/Dip Fruit Cocktail Bun/Milk</p> <p>Whole Grain Waffles Cuties/Milk PM - Watermelon/Milk</p>	<p>Chicken Drumsticks Scalloped Potatoes Applesauce Wheat Roll/Milk</p> <p>Cinnamon Toast Bananas/Milk PM - Yogurt/Milk</p>	<p>Turkey Breast Green Beans Sweet Potatoes Brown Rice/Milk</p> <p>Cherrios Grapes/Milk PM - Goldfish/Milk</p>	<p>Grilled Cheese Tomato Soup Strawberries Wheat Bread/Milk</p> <p>Bagels Apples/Milk PM -Rice Cakes/PB/Milk</p>	<p>Ham Sandwich Cucumbers Fruit Salad Wheat Bread/Milk</p> <p>French Toast Peaches/Milk PM -String Cheese/Milk</p>	20
21	<p>Lasagna w/Beef Salad Pears Milk</p> <p>Mini Wheats Strawberries/Milk PM-Fruit Smoothie/Milk</p>	<p>Chicken Stir Fry Mixed Vegetables Kiwi Brown Rice/Milk</p> <p>Wheat Toast Grapes/Milk PM -Croissants/Milk</p>	<p>Cheese Pizza Green Beans Fruit Cocktail Milk</p> <p>Oatmeal Strawberries/Milk PM - Fruit Salad/Milk</p>	<p>Tuna Noodle Peas Watermelon Milk</p> <p>Kix Cuties/Milk PM - Celery/PB/Milk</p>	<p>PB & J Sandwich String Cheese Carrots Apple/Milk</p> <p>Cherrios Bananas/Milk PM - Watermelon/Milk</p>	27
28	<p>Memorial Day </p>	<p>Cheese Pizza Green Beans Peaches Milk</p> <p>Wheat French Toast Strawberries/Milk PM - Nectarines/Milk</p>	<p>Baked Chicken Peas Watermelon Brown Rice/Milk</p> <p>Pancakes Peaches/Milk PM - Pretzels/Milk</p>	<p></p>		