


May 2017

First Step to Nutrition

AM Snack, Dinner & Evening Snack - Meals Include 1% Lowfat Milk

* Provider Signature: _____

Sun	Monday	Tuesday	Wednesday	Thursday	Friday	Sat
	<p>1</p> <p>AM- Oatmeal/Milk</p> <p>Sloppy Joes Mixed Veg Peaches Bun/Milk</p> <p>ES - String Chees/Milk</p>	<p>2</p> <p>AM - Croissants/Milk</p> <p>Chicken Breasts Corn Pears Wheat Roll/Milk</p> <p>ES - Watermelon/Milk</p>	<p>3</p> <p>AM - Cuties/Milk</p> <p>Grilled Cheese Tomatoe Soup Pineapple Wheat Bread/Milk</p> <p>ES - Pretzels/Milk</p>	<p>4</p> <p>AM - Yogurt/Milk</p> <p>Beef Tacos Lettuce/Tomato Banana Milk</p> <p>ES - Oatmeal/Milk</p>	<p>5</p> <p>AM - Cucumbers/Milk</p> <p>Ham Slice Scalloped Potatoes Strawberries Wheat Roll/Milk</p> <p>ES - Grahams/Milk</p>	6
7	<p>8</p> <p>AM -Watermelon/Milk</p> <p>Sloppy Joes Potato Skins Apple Bun/Milk</p> <p>ES - Cherrios/Milk</p>	<p>9</p> <p>AM-String Cheese/Milk</p> <p>Grilled Cheese Tomato Soup Kiwi Milk</p> <p>ES - Oatmeal/Milk</p>	<p>10</p> <p>AM - Frozen Banana/Milk</p> <p>Scrambled Eggs Peas Oranges Wheat Toast/Milk</p> <p>ES - Cream of Wheat/Milk</p>	<p>11</p> <p>AM - French Toast/Milk</p> <p>Vegetable Beef Soup Corn Strawberries Crackers/Milk</p> <p>ES - Cherrios/Milk</p>	<p>12</p> <p>AM - Soft Pretzels/Milk</p> <p>Tuna Noodle Green Beans Peaches Milk</p> <p>ES - Whole Grain Ckr/Milk</p>	13
14	<p>15</p> <p>AM - Applesauce/Milk</p> <p>Meatloaf Corn Applesauce Roll/Milk</p> <p>ES - Oatmeal/Milk</p>	<p>16</p> <p>AM - Strawberries/Milk</p> <p>Turkey Sandwich Cucumbers Grapes Wheat Bread/Milk</p> <p>ES - Goldfish/Milk</p>	<p>17</p> <p>AM - Carrots/Dip/Milk</p> <p>Chicken Drumsticks Lima Beans Kiwi Pilaf Rice/Milk</p> <p>ES - Oatmeal/Milk</p>	<p>18</p> <p>AM - English Muffin/Milk</p> <p>Cheese Pizza Broccoli Fruit Cocktail Milk</p> <p>ES - Whole Grain Ckr/Milk</p>	<p>19</p> <p>AM - Croissants/Milk</p> <p>PB & J/String Cheese Carrots Strawberries Wheat Bread/Milk</p> <p>ES - Pretzels/Milk</p>	20
21	<p>22</p> <p>AM - Apple /Milk</p> <p>Baked Chicken Scalloped Potatoes Pineapple Wheat Roll/Milk</p> <p>ES - String Cheese/Milk</p>	<p>23</p> <p>AM - Grapes/Milk</p> <p>Scrambled Eggs Hash Browns Mandarins Wheat English Muffin/Milk</p> <p>ES - Bananas/Milk</p>	<p>24</p> <p>AM - Applesauce/Milk</p> <p>Ham & Cheese Sandwich Cucumbers Grapes Wheat Bread/Milk</p> <p>ES - Soft Pretzel/Milk</p>	<p>25</p> <p>AM - Oatmeal/Milk</p> <p>Homemade Chicken Soup Carrots & Celery Fruit Cocktail Brown Rice/Milk</p> <p>ES - Fruit Smoothie/Milk</p>	<p>26</p> <p>AM - Wheat Toast/Milk</p> <p>Spaghetti and Meatballs Tossed Salad Applesauce Milk</p> <p>ES - Goldfish/Milk</p>	27
28	<p>29</p> <p>Happy Memorial Day!</p> 	<p>30</p> <p>AM - French Toast/Milk</p> <p>Cheeseburger Lettuce/Tomato Strawberries Bun/Milk</p> <p>ES -Whole Grain Ckr/Milk</p>	<p>31</p> <p>AM - Watermelon/Milk</p> <p>Pork Chops Broccoli Pineapple Wheat Roll/Milk</p> <p>ES - Bananas/Milk</p>	