



## May 2018

### First Step to Nutrition

Breakfast, Lunch & PM Snack - 1% Milk/whole milk served to children age 1 WG=whole grain

\* Provider Signature: \_\_\_\_\_

Sun	Monday	Tuesday	Wednesday	Thursday	Friday	Sat
		<p><b>1</b></p> <p>Turkey Sandwich Cucumbers Apples WG Bread/Milk</p> <p>Kix Bananas/Milk PM - Fruit Salad/Milk</p>	<p><b>2</b></p> <p>Cheese Pizza Lima Beans Nectarines Milk</p> <p>WG Cherrios Apples/Milk PM - Watermelon/Milk</p>	<p><b>3</b></p> <p>Pork Stir Fry Broccoli Applesauce WG Brown Rice/Milk</p> <p>Pancakes Peaches/Milk PM - Soft Pretzel/Milk</p>	<p><b>4</b></p> <p>Macaroni and Cheese Peas Pears Milk</p> <p>WG English Muffins Strawberries/Milk PM - Bagels/Milk</p>	<b>5</b>
<b>6</b>	<p><b>7</b></p> <p>Beef Tacos Lettuce/tomato Fruit Cocktail Milk</p> <p>Pancakes Peaches/Milk PM - WG Crackers/Milk</p>	<p><b>8</b></p> <p>Spaghetti &amp; Meatballs Salad Pineapple Milk</p> <p>WG Cherrios Bananas/Milk PM - Oranges/Milk</p>	<p><b>9</b></p> <p>Chicken Tenders Green Beans Fruit Cocktail Macaroni Salad/Milk</p> <p>WG Waffles Watermelon/Milk PM-Yogurt/Milk</p>	<p><b>10</b></p> <p>Meatloaf Mashed Potatoes Applesauce Biscuit/Milk</p> <p>WG English Muffins Grapes/Milk PM - Bananas/Milk</p>	<p><b>11</b></p> <p>Egg Salad Cucumbers Pineapple WG Bread/Milk</p> <p>Kix Apples/Milk PM - Peaches/Milk</p>	<b>12</b>
<b>13</b>	<p><b>14</b></p> <p>Hamburger Carrots/Dip Fruit Cocktail Bun/Milk</p> <p>WG Waffles Cuties/Milk PM - Strawberries/Milk</p>	<p><b>15</b></p> <p>Chicken Drumsticks Scalloped Potatoes Applesauce WG Roll/Milk</p> <p>Cinnamon Toast Bananas/Milk PM - Yogurt/Milk</p>	<p><b>16</b></p> <p>Turkey Breast Green Beans Sweet Potatoes WG Brown Rice/Milk</p> <p>Cherrios Grapes/Milk PM - Goldfish/Milk</p>	<p><b>17</b></p> <p>Grilled Cheese Tomato Soup Strawberries WG Bread/Milk</p> <p>Bagels Apples/Milk PM -Rice Cakes/PB/Milk</p>	<p><b>18</b></p> <p>Ham Sandwich Cucumbers Fruit Salad WG Bread/Milk</p> <p>French Toast Peaches/Milk PM -String Cheese/Milk</p>	<b>19</b>
<b>20</b>	<p><b>21</b></p> <p>Lasagna w/Beef Salad Pears Milk</p> <p>WG Cherrios Strawberries/Milk PM-Fruit Smoothie/Milk</p>	<p><b>22</b></p> <p>Chicken Stir Fry Mixed Vegetables Kiwi WG Brown Rice/Milk</p> <p>Wheat Toast Grapes/Milk PM -Croissants/Milk</p>	<p><b>23</b></p> <p>Cheese Pizza Green Beans Fruit Cocktail Milk</p> <p>WG Oatmeal Blueberries/Milk PM - Fruit Salad/Milk</p>	<p><b>24</b></p> <p>Tuna Noodle Peas Watermelon Milk</p> <p>WG Total Cuties/Milk PM - Celery/PB/Milk</p>	<p><b>25</b></p> <p>PB &amp; J Sandwich String Cheese Carrots Apple/Milk</p> <p>WG Cherrios Bananas/Milk PM - Watermelon/Milk</p>	<b>26</b>
<b>27</b>	<p><b>28</b></p> <p style="color: blue; font-size: 1.2em;">Memorial Day</p> 	<p><b>29</b></p> <p>Cheese Pizza Green Beans Peaches Milk</p> <p>WG French Toast Strawberries/Milk PM - Nectarines/Milk</p>	<p><b>30</b></p> <p>Baked Chicken Peas Watermelon WG Brown Rice/Milk</p> <p>Pancakes Peaches/Milk PM - Pretzels/Milk</p>	<p><b>31</b></p> <p>Scrambled Eggs Lima Beans Mandarin Oranges WG Toast/Milk</p> <p>English Muffin Pears/Milk PM - Graham Crackers/Milk</p>		