# First Step to Nutrition

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## February Dates To Remember:

- December reimbursement is scheduled to be released on **January 26**
- January claim is due in the office on **February 6** by **9:00AM**.
- *The payment schedule dates for 2023 are **estimated dates**. We cannot guarantee deposit dates received from Pennsylvania State Treasury.*

## Reminders for food requirements

- The whole grain button must be selected at least once per day for a bread component. It is our suggestion to serve the whole grain at breakfast during winter months in case of weather early dismissals. Any days without a whole grain selected, including early dismissal days, will have the lowest reimbursable meal deducted.

- All source documentation must be kept on site for review during monitor visits. If not on site during a review, any meals not recorded in the computer by regulation times, will be deducted for that month. For remote reviews, source will be required to be received via scanned email or KidKare messaging by midnight day of review to be accepted. Any source not received will be deducted for payment.

- Cereal must contain no more than 6 grams of sugar per dry ounce. Please refer to a wic cereal list for creditable cereals.

- Yogurt must contain no more than 23 grams of sugar per 6 ounce serving.

- Juice is allowable only once per day for children over 1 year. Infants may not be served juice until their first birthday.

## Year End Tax Information

Your 2022 tax report is available for you to print on your KidKare site. Click on "Reports", select category "Claim Statement", then report name "Tax Report", select tax year 2022, and hit Run button. Please consult with a tax professional for further information on the standard meal allowance deduction that is available for family and group child care providers. **You will not be receiving a 1099**. This tax report replaces the need for a 1099 tax form.

Providers do not need to track meal totals. The KidKare system will track all year-end tax information on a continual basis. This information can be obtained at any time during the year by printing a tax report from your KidKare site.

## Annual Spring Training

First Step trainings are scheduled for the month of April. The training will again be conducted online this year. These annual trainings are a requirement of the Department of Education for continued participation in the Child Care Food Program. Each provider will be required to complete the online training consisting of 7 separate training modules anytime within the month of April. **Please do not complete your training prior to April 1**, or you will be out of the one year date compliance.

We do not recommend completing all 7 modules in one session, but rather recommend completing the modules in multiple sessions to aide in subject retention.