

CHILDREN'S FOOD CHART

MEAT & MEAT ALTERNATES

BEEF

- 02 Beef Ground HF/I
- 01 Beef Hotdogs CN *HF/I
- 05 Beef Liver HF/ACI
- 06 Beef Lunchmeat / Processed *HF/I
- 07 Beef Meatballs HF/I
- 08 Beef Ribs HF/I
- 10 Beef Steak I
- 14 Brisket HF
- 16 Corn Dog *HF
- 17 Corned Beef HF/I
- 22 Roast Beef I
- 24 Salisbury Steak I
- 25 Sausage - Beef *HF/I
- 26 Stew Meat - Beef I
- 28 Veal I

CHICKEN

- 33 Chicken Breasts I
- 37 Chicken Ground I
- 35 Chicken Hotdogs CN *HF/I
- 38 Chicken Legs I
- 41 Chicken Lunchmeat / Processed *HF/I
- 42 Chicken Nuggets CN HF/I
- 47 Chicken Roast I
- 44 Chicken Thighs I
- 45 Chicken Wings I
- 46 Stew Meat - Chicken I

PORK

- 50 Canadian Bacon I
- 51 Ham I
- 52 Pork Chops / Cutlet HF/I
- 54 Pork Ground I
- 53 Pork Hotdogs CN *HF/I
- 55 Pork Kielbasa HF/I
- 56 Pork Lunchmeat / Processed *HF/I
- 57 Pork Meatballs I
- 58 Pork Roast I
- 63 Pulled Pork I
- 60 Sausage - Pork *HF/I
- 62 Spare Ribs HF/I

SEAFOOD

- 66 Clams CI
- 68 Crab *I
- 70 Fish Breaded CN
- 71 Fish Fillets *
- 72 Fish Sticks CN *HF
- 74 Haddock
- 77 Salmon *
- 78 Scallops I
- 81 Shrimp *I
- 83 Tuna I

TURKEY

- 85 Turkey Bacon I
- 86 Turkey Breast I
- 100 Turkey Ground I
- 87 Turkey Hotdogs CN *HF/I
- 102 Turkey Kielbasa *HF/I
- 104 Turkey Lunchmeat / Processed *HF/I
- 105 Turkey Meatballs I
- 108 Turkey Roast I

OTHER MEATS

- 111 Duck I
- 112 Goat I
- 114 Lamb I

CHEESES

- 116 American Cheese HF
- 117 Cheddar Cheese HF
- 120 Colby Cheese HF
- 121 Colby-Jack Cheese
- 122 Cottage Cheese
- 126 Monterey Jack Cheese
- 127 Mozzarella Cheese
- 130 Provolone Cheese
- 131 Ricotta Cheese
- 132 String Cheese
- 133 Swiss Cheese HF

DRIED BEANS LEGUMES OR PEAS

- 134 Baked Beans
- 135 Bean Soup I
- 136 Black Beans I
- 137 Blackeyed Peas I
- 138 Chili Beans I
- 141 Fava Beans I
- 142 Garbanzo Beans / Chick Peas I
- 143 Great Northern Beans I
- 144 Lentils I
- 145 Lima / Butter Beans CI
- 147 Navy Beans I
- 148 Pinto Beans I
- 151 Red / Kidney Beans I
- 152 Refried Beans I
- 153 Soybeans I
- 154 Split Pea Soup I

EGGS

- 156 Egg (whole) *I
- 157 Quiche *

PEANUT BUTTER

- 161 Peanut Butter & Cheese *I
- 164 Peanut Butter & Meat *HF/I
- 160 Peanut Butter - Snack *SN/HF/I

YOGURT

- 177 Yogurt *

BREAD & BREAD ALTERNATES

Enriched or Whole Grain Flour

CEREAL, COLD

- 211 All-Bran
- 217 Alpha Bits
- 218 Bran Flakes
- 147 Cheerios
- 148 Chex
- 224 Corn Bran Crunch
- 212 Cornflakes
- 213 Crispix
- 210 Fiber One
- 146 Grape Nuts
- 216 Great Grains
- 145 Honey Bunches of Oats
- 220 Kix
- 126 Life
- 215 Mini Wheats
- 144 Oatmeal Squares
- 223 Rice Krispies
- 214 Special K
- 221 Total
- 222 Wheaties

CEREAL, HOT

- 113 Cream of Wheat WG
- 63 Grits WG
- 116 Oatmeal WG

BREADS

- 01 Bagel I
- 02 Biscuits I
- 04 Bread Sticks I
- 06 Cornbread or Corn Muffin I
- 07 Crepes
- 08 Croissants HF/I
- 11 Dumplings
- 12 English Muffin I
- 13 Filo Pastry
- 14 Flat Bread
- 15 French Bread
- 16 French Toast I
- 23 Hamburger Buns I
- 25 Hot Dog Buns
- 26 Hush Puppies HF
- 27 Italian Bread
- 30 Multi-grain Bread
- 31 Oatmeal Bread I
- 32 Pancakes I
- 35 Pita Bread I
- 38 Potato Bread
- 40 Pretzel, Hard I
- 41 Pretzel, Soft I
- 42 Pumpnickel Bread
- 142 Raisin Bread
- 43 Rolls I
- 44 Rye Bread

BREADS (Cont.)

- 46 Sourdough Bread
- 48 Stuffing / Dressing
- 36 Waffles
- 50 Wheat Bread WG I
- 51 White Bread I

CRACKER

- 54 Animal Crackers BR/SN
- 57 Crackers
- 53 Graham Crackers BR/SN

CRUSTS

- 60 Meat Pie Crust HF
- 61 Pizza Crust I
- 62 Puff Pastry Shells HF

GRAINS

- 75 Barley WG
- 78 Cornmeal (Whole or Enriched) WG
- 81 Grits WG
- 84 Oats WG AI
- 85 Quinoa WG
- 86 Wheat WG

PASTA OR NOODLES

- 88 Couscous WG BR/SN
- 102 Lasagna I
- 103 Macaroni I
- 105 Noodles I
- 106 Pierogies I
- 107 Ramen Noodles I
- 108 Ravioli I
- 110 Spaghetti I
- 111 Tortellini I
- 58 Ziti

RICE

- 117 Brown Rice WG I
- 118 Fried Rice HF/I
- 120 Pilaf Rice I
- 122 Rice Cakes BR/SN/I
- 123 Spanish Rice
- 124 White Rice I
- 125 Wild Rice WG I

TORTILLAS

- 127 Corn Tortillas
- 128 Flour Tortillas I
- 131 Taco Shell
- 132 Whole Grain Chips WG