

## June 2020

### First Step to Nutrition

Breakfast, Lunch & PM Snack - 1% Milk/whole milk served to children age 1 WG = whole grain

\* Provider Signature: \_\_\_\_\_

Sun	Monday	Tuesday	Wednesday	Thursday	Friday	Sat
	<p>1</p> <p>Homeade Chicken Soup Carrots &amp; Celery Pineapple Noodles/Milk</p> <p>WG Toast Apples/Milk PM - Rice Cakes &amp; PB/Milk</p>	<p>2</p> <p>Cheese Muffin Pizza Green Beans Peaches WG English Muffin/Milk</p> <p>Pancakes Strawberries/Milk PM - Apples/Milk</p>	<p>3</p> <p>Cheese Quiche Peas Pears Pie Crust/Milk</p> <p>WG Cherrios Banana/Milk PM - Graham Crackers/Milk</p>	<p>4</p> <p>Ham Lima Beans Mashed Potatoes WG Roll/Milk</p> <p>Waffles Watermelon/Milk PM - Grapes/Milk</p>	<p>5</p> <p>Chicken Salad Cucumbers Strawberries WG Tortillas/Milk</p> <p>Bagel Blueberries/Milk PM - Strawberry Pops/Milk</p>	6
7	<p>8</p> <p>Beef Tacos Lettuce/Tomato Apples Taco Shell/Milk</p> <p>WG Toast Peaches/Milk PM - Applesauce/Milk</p>	<p>9</p> <p>Ziti/ Meatsauce Salad Pineapple Milk</p> <p>WG Cheerios Banana/Milk PM - Oranges/Milk</p>	<p>10</p> <p>Grilled Sausage Green Beans Fruit Cocktail Macaroni Salad/Milk</p> <p>Cream of Wheat Watermelon/Milk PM-WG Crackers/Milk</p>	<p>11</p> <p>Chicken Legs Potato Wedges Applesauce WG Roll/Milk</p> <p>English Muffins Grapes/Milk PM - Froz Bananas/Milk</p>	<p>12</p> <p>Macaroni &amp; Cheese Broccoli Pears Milk</p> <p>Mini Wheats Plums/Milk PM - WG GoldFish/Milk</p>	13
14	<p>15</p> <p>PB&amp;J w/ string cheese Carrots Fruit Cocktail WG Bread/Milk</p> <p>Waffles Cutie/Milk PM - Watermelon/Milk</p>	<p>16</p> <p>Baked Fish Scalloped Potatoes Applesauce Roll/Milk</p> <p>WG Cinnamon Toast Bananas/Milk PM - Blueberry Parfait/Milk</p>	<p>17</p> <p>Grilled Cheese Green Beans Peaches WG Bread/Milk</p> <p>Cheerios Grapes/Milk PM - Animal Crackers/Milk</p>	<p>18</p> <p>Sloppy joes Cauliflower Strawberries WG Bun/Milk</p> <p>Mini Wheats Pears/Milk PM -Rice Cakes/PB/Milk</p>	<p>19</p> <p>Ham Sandwich Cucumbers Fruit Salad Bread/Milk</p> <p>WG Oatmeal Peaches/Milk PM - Blueberries/Milk</p>	20
21	<p>22</p> <p>Lasagna w/Beef Salad Pears Milk</p> <p>WG Toast Strawberries/Milk PM-French Toast/Milk</p>	<p>23</p> <p>Chicken Stir Fry Mixed Vegetables Kiwi WG Brown Rice/Milk</p> <p>Pancakes Grapes/Milk PM -Strawberries/Milk</p>	<p>24</p> <p>Turkey Sandwich Broccoli Fruit Cocktail WG Bread/Milk</p> <p>Bagels Plums/Milk PM - Fruit Salad/Milk</p>	<p>25</p> <p>Chicken Drumsticks Lima Beans Watermelon WG Roll/Milk</p> <p>Kix Banana/Milk PM - Celery/PB/Milk</p>	<p>26</p> <p>PB&amp;J w/ string cheese Carrots Apples WG Bread/Milk</p> <p>Waffles Cutie/Milk PM - Animal Crackers/Milk</p>	27
28	<p>29</p> <p>Spaghetti &amp; Meatballs Salad Fruit Cocktail Milk</p> <p>WG Cherrios Banana/Milk PM - Animal Crackers/Milk</p>	<p>30</p> <p>Grilled Cheese Vegetable Soup Peaches WG Bread/Milk</p> <p>Mini Wheats Strawberries/Milk PM Strawberry Pops/Milk</p>				