

## June 2021

### First Step to Nutrition

AM Snack, Dinner & Eve Snack -1% Milk/whole milk served to children age 1 WG = whole grain

\* Provider Signature: \_\_\_\_\_

Sun	Monday	Tuesday	Wednesday	Thursday	Friday	Sat
		<b>1</b> AM - French Toast/Milk  Cheeseburger Broccoli Mandarin Oranges WG Bun/Milk  ES - Banana & PB/Milk	<b>2</b> AM - Yogurt/Milk  Chicken Stir Fry Snow Peas Applesauce WG Brown Rice/Milk  ES - Waffles/Milk	<b>3</b> AM- English Muffin/Milk  Beef Tacos Lettuce/Tomato Peaches WG Tortillas/Milk  ES - String Cheese/Milk	<b>4</b> AM - Pancakes/Milk  Grilled Cheese Tomato Soup Pears WG Bread/Milk  ES - Cutie/Milk	
<b>6</b>	<b>7</b> AM -Banana/Milk  Sloppy Joes Corn Nectarines WG Bun/Milk  ES - Graham Crackers/Milk	<b>8</b> AM-String Cheese/Milk  Chicken Drumsticks Baked Beans Fruit Cocktail WG Wild Rice/Milk  ES - Pretzels/Milk	<b>9</b> AM - Cantaloupe/Milk  Spaghetti w/ Meatballs Salad Pears Milk  ES - WG Oatmeal/Milk	<b>10</b> AM - French Toast/Milk  Vegetable Beef Soup Carrots Strawberries Crackers/Milk  ES - WG Cheerios/Milk	<b>11</b> AM - Soft Pretzels/Milk  Egg Salad Pickles Peaches WG Pita Bread/Milk  ES - Strawberries/Milk	<b>12</b>
<b>13</b>	<b>14</b> AM - Apples/Milk  Meatloaf Corn Applesauce WG Roll/Milk  ES - Celery and PB/Milk	<b>15</b> AM - Cantaloupe/Milk  Turkey Sandwich Cucumbers Grapes WG Bread/Milk  ES - Pretzels/Milk	<b>16</b> AM - Carrots/Milk  Baked Fish Lima Beans Kiwi Fish Crackers/Milk  ES - WG Oatmeal/Milk	<b>17</b> AM - Yogurt/Milk  Cheese Muffin Pizza Green Beans Blueberries Milk  ES - WG Toast/Milk	<b>18</b> AM - Cuties/Milk  PB & J/String Cheese Pepper Strips Strawberries WG Bread/Milk  ES - Blueberry Parfait/Milk	<b>19</b>
<b>20</b>	<b>21</b> AM - Applesauce /Milk  Grilled Cheese Tomato Soup Pineapple WG Bread/Milk  ES - Nectarines/Milk	<b>22</b> AM - Watermelon/Milk  Scrambled Eggs Hash Browns Mandarins WG English Muffins/Milk  ES - Bananas/Milk	<b>23</b> AM - Apples/Milk  Ham Corn Grapes Corn Muffin/Milk  ES - WG Crackers/Milk	<b>24</b> AM - Cream of Wheat/Milk  Homemade Chicken Soup Carrots & Celery Fruit Cocktail WG Wild Rice/Milk  ES - Yogurt/Milk	<b>25</b> AM - Blueberries/Milk  Cheese Muffin Pizza Salad Applesauce Milk  ES - WG GoldFish/Milk	<b>26</b>
<b>27</b>	<b>28</b> AM - Watermelon/Milk  Hawaiian Chicken Wrap Broccoli Banana WG Tortilla/Milk  ES - Strawberries/Milk	<b>29</b> AM - French Toast/Milk  Meatloaf Peas Applesauce WG Roll/Milk  ES - Apple and PB/Milk	<b>30</b> AM - Croissants/Milk  Egg Salad Carrots Grapes WG Pita/Milk  ES - Pretzels/Milk/Milk			