
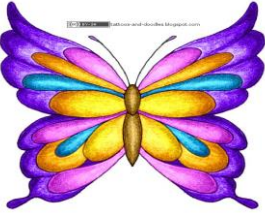


May 2021

First Step to Nutrition

AM Snack, Dinner & Eve Snack -1% Milk/whole milk served to children age 1 WG = whole grain

* Provider Signature: _____

Sun	Monday	Tuesday	Wednesday	Thursday	Friday	Sat
30 Happy Memorial Day! 	31					1
2 AM -Watermelon/Milk Sloppy Joes Potato Skins Apple Bun/Milk ES - WG Cherrios/Milk	3 AM-String Cheese/Milk Grilled Cheese Tomato Soup Kiwi WG Bread/Milk ES - Fish Crackers/Milk	4 AM - Frozen Banana/Milk Scrambled Eggs Peas Oranges WG Toast/Milk ES - Croissants/Milk	5 AM - French Toast/Milk Vegetable Beef Soup Corn Strawberries Crackers/Milk ES - WG Oatmeal/Milk	6 AM - Soft Pretzels/Milk Tuna Noodle Green Beans Applesauce Milk ES - WG French Toast/Milk	7	8
9 AM - Applesauce/Milk Meatloaf Corn Apple Roll/Milk ES - WG Oatmeal/Milk	10 AM - Strawberries/Milk Spinach Quiche w/ red peppers Apples WG Roll/Milk ES - Goldfish/Milk	11 AM - Carrots/Dip/Milk Chicken Soup Carrots Kiwi Noodles/Milk ES - WG Total/Milk	12 AM - English Muffin/Milk X Cheese Pizza Broccoli Fruit Cocktail Milk ES - WG Crackers/Milk	13 AM - Croissants/Milk PB & J/String Cheese Carrots Strawberries WG Bread/Milk ES - Pretzels/Milk	14	15
16 AM - Apple /Milk Baked Chicken Scalloped Potatoes Pineapple WG Roll/Milk ES - String Cheese/Milk	17 AM - Melon/Milk Scrambled Eggs Hash Browns Mandarins WG English Muffin/Milk ES - Bananas/Milk	18 AM - Applesauce/Milk Ham & Cheese Sandwich Cucumbers Grapes WG Bread/Milk ES - Soft Pretzel/Milk	19 AM - Oatmeal/Milk Homemade Chicken Soup Carrots & Celery Fruit Cocktail WG Brown Rice/Milk ES - Fruit Smoothie/Milk	20 AM - Cinnamon Toast/Milk Spaghetti and Meatballs Salad Applesauce Milk ES - WG Goldfish/Milk	21	22
23 AM - Bagel/Milk Turkey Sandwich Cucumbers Grapes WG Wheat Bread/Milk ES - Pretzels/Milk	24 AM - Cinnamon Toast/Milk Cheeseburger Sweet Potato Fries Strawberries Bun/Milk ES -WG Crackers/Milk	25 AM - Watermelon/Milk Pork Cutlets Broccoli Pineapple WG Roll/Milk ES - Bananas/Milk	26 AM - Fruit Cocktail/Milk Beef Lasagna Salad Peaches Milk ES - WG Oatmeal/Milk	27 AM - French Toast Chicken Salad Pita Celery/carrots Plums Milk ES - WG Soft Pretzel/Milk	28	29