February 2025

First Step to Nutrition

Breakfast, Lunch & PM Snack - 1% Milk/whole milk served to children age 1 WG=whole grain

* Provider Signature:

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Sun	Monday	Tuesday	Wednesday	Thursday	Friday	Sat
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	Sloppy Joe	Grilled Cheese	Chicken Soup	Breakfast Sausage	PB & J Sandwich	
	Peas	Tomato Soup w/ Chickpeas		Green Beans	String Cheese	
	Pineapple	Applesauce	Fruit Salad	Orange	Carrots/ Apple	
	Bun/Milk	WG Bread/Milk	WG Rice/Milk	French Toast/Milk	WG Bread/Milk	
	Bagels	Kix	Cream of Wheat	WG English Muffin	Cheerios	
	Oranges/Milk	Grapes/Milk	Banana/Milk	Peaches/Milk	Bananas/Milk	
	PM-WG Cinn Toast/Milk	PM - Apple/PB/Milk	PM - Pretzels/Milk	PM - Wheat Thins/Milk	PM-Raw Veg Plate/Milk	
9			12	13	14	15
	Lasagna w/ hamburger	Turkey & Cheese	Beef Tacos	Chicken Penne	Macaroni & Cheese	
	Salad	Carrots	Lettuce/Tomato	Broccoli	Green Beans	
	Fruit Cocktail	Peaches	Apple	Applesauce	Pineapple	
	Milk	Pita Bread/Milk	WG Tortilla/Milk	WG Penne/Milk	Milk	
	WG Waffles	WG Cherrios	French Toast	Kix	WG Toast	
		Melon/Milk	Bananas/Milk	Fruit Cocktail/Milk	Apple/Milk	
	PM - String Cheese/Milk	PM-Grapes/Milk	PM - Pretzels/Milk	PM - Yogurt/Milk	PM - Soft Pretzels/Milk	
16		Ohistor Dans et		20	21	22
	Meatloaf	Chicken Breast	Spaghetti and Meatballs	Chicken Soup	X Cheese Pizza	
	Sweet Potatoes	Carrots & Broccoli	Salad	Corn	Green Beans	
	Banana	Apple	Fruit Cocktail	Pineapple	Peaches	
	Roll/Milk	WG Fried Rice/Milk	Milk	Corn Bread/Milk	Milk	
	WG Waffles	WG Cheerios	WG Toast	WG Oatmeal	English Muffins	
	Blueberries/Milk	Bananas/Milk	Applesauce/Milk	Pears/Milk	Mandarins/Milk	
	PM - Graham Crackers/Milk		PM - Celery w/PB/Milk	PM - Bananas/Milk	PM - WG Crackers/Milk	
23		25			28	
	Scrambled Eggs	Cheese WG Ziti	Grilled Cheese	Beef Tacos	Baked Chicken	
	Peas	Salad	Tomato Soup	Lettuce/Tomato	Broccoli Bites	
	Fruit Cocktail	Peaches	Apples	Pineapple	Fruit Cocktail	
	WG Toast/Milk	Milk	WG Bread/Milk	WG Tortillas/Milk	Roll/Milk	
	Rice Krispies	Corn Muffin	Pancakes	Bagels	WG Cherrios	
	Peaches/Milk	Strawberries/Milk	Applesauce/Milk	Oranges/Milk	Banana/Milk	
	PM - String Cheese/Milk	PM - Pretzels/Milk	PM - Yogurt/Milk	PM - Animal Crackers/Milk		
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