

March 2025

First Step to Nutrition

AM Snack, Dinner & Eve Snack - 1% Milk/whole milk served to children age 1 WG = whole grain

* Provider Signature: _____

| Sun | Monday | Tuesday | Wednesday | Thursday | Friday | Sat |
|-----|---|---|---|--|---|-----|
| 2 | 3 | 4 | 5 | 6 | 7 | 8 |
| | AM - Crumpets/Milk Chicken Stir Fry Broccoli Applesauce WG Rice/Milk ES - Yogurt/Milk | AM - Rice Cakes/Milk X Cheese Pizza Tomatoes and Spinach Pears Crust/Milk ES - WG Goldfish/Milk | AM - Fruit Cocktail/Milk Beef with Sofrito Cucumber Salad Peaches WG Rice/Milk ES - String Cheese/Milk | AM - Banana Oat Sq/Milk Ham Slice Scalloped Potatoes Pineapple Roll/Milk ES - WG Waffles/Milk | AM - Rice Cakes/Milk Grilled Cheese Vegetable Soup Fruit Cocktail WG Bread/Milk ES - Applesauce/Milk | |
| 9 | 10 | 11 | 12 | 13 | 14 | 15 |
| | AM - Pancakes/Milk Sloppy Joes Tater Tots Kiwi Bun/Milk ES - WG Cherrios/Milk | AM-String Cheese/Milk Baked Chicken Baked Beans Fruit Cocktail Bun/Milk ES - WG Oatmeal/Milk | AM - Banana/Milk Spaghetti and Meatballs Salad Pears Milk ES - WG English Muffin/Milk | AM - Waffles/Milk Vegetable Beef Soup Corn Orange Saltines/Milk ES - WG Cinn. Toast/Milk | AM-Chex Mix/Milk Egg Salad Cucumbers Peaches WG Pita Bread/Milk ES -Animal Crks/Milk | |
| 16 | 17 | 18 | 19 | 20 | 21 | 22 |
| | AM - Yogurt/Milk Meatloaf Corn Applesauce WG Roll/Milk ES - Celery/PB/Milk | AM - Pancakes/Milk Turkey Breast Mashed Potatoes Fruit Salad Stuffing/Milk ES - WG Goldfish/Milk | AM - Carrots/Dip/Milk Grilled Cheese Tomato Soup Pineapple WG Bread/Milk ES - Bagel/Milk | AM - Yogurt/Milk Chicken Noodle Soup Carrots Fruit Cocktail WG Crackers/Milk ES - Banana/Milk | AM - Rice Cakes/Milk Cheese Quesadillas Corn Plums Milk ES - WG Cherrios/Milk | |
| 23 | 24 | 25 | 26 | 27 | 28 | 29 |
| | AM - Banana Bread/Milk Chicken Drumsticks Mixed Vegetables Pineapple Roll/Milk ES - WG English Muffin/Milk | AM - Apples/Milk Quiche Peas Mandarin Oranges Milk ES - WG Oatmeal/Milk | AM - Grits/Milk Ham & Cheese Sandwich Cucumbers Pears WG Bread/Milk ES - Corn Muffin/Milk | AM - French Toast/Milk Bean Soup Carrot Sticks Fruit Cocktail WG Crackers/Milk ES - Yogurt/Milk | AM - Pancakes/Milk X Cheese Pizza Salad Applesauce Milk ES - WG English Muffin/Milk | |
| 30 | 31 | | | | | 1 |
| | AM- Corn Muffin/Milk Turkey and Cheese Carrots Fruit Cocktail WG Bread/Milk ES - Pretzels/Milk | |  | | | |