

April 2025

First Step to Nutrition

Breakfast, Lunch & PM Snack - 1% Milk/whole milk served to children age 1 WG = whole grain

* Provider Signature: _____

Sun	Monday	Tuesday	Wednesday	Thursday	Friday	Sat
		<p>1</p> <p>Turkey and Cheese Cucumbers Pears WG Bread/Milk</p> <p>Pancakes Orange/Milk PM Apples/PB/Milk</p>	<p>2</p> <p>Beef Tacos Lettuce/Tomato Pineapple WG Tortillas/Milk</p> <p>English Muffin Peaches/Milk PM String Cheese/Milk</p>	<p>3</p> <p>Fish Fillets Green Beans Fruit Cocktail Hush Puppies/Milk</p> <p>WG Oatmeal Strawberries/Milk PM - Celery/PB/Milk</p>	<p>4</p> <p>Macaroni & Cheese Tomatoes Applesauce Milk</p> <p>Egg WG Toast Grapes/Milk PM - Yogurt/Milk</p>	<p>5</p>
<p>6</p>	<p>7</p> <p>Pork Roast Roasted Carrots Applesauce Roll/Milk</p> <p>Waffles Peaches/Milk PM - WG Muffin/Milk</p>	<p>8</p> <p>Spaghetti w/ Meatballs Salad Pineapple Milk</p> <p>WG Cheerios Banana/Milk PM - Oranges/Milk</p>	<p>9</p> <p>Chicken Drumsticks Green Beans Fruit Cocktail Macaroni Salad/Milk</p> <p>Cream of Wheat Mandarin Oranges/Milk PM-WG Bagel/Milk</p>	<p>10</p> <p>Sloppy Joes Sweet Potato Fries Apple Bun/Milk</p> <p>WG English Muffins Grapes/Milk PM - Banana/Milk</p>	<p>11</p> <p>Cheese Quesadillas Black Beans Pineapple WG Tortillas/Milk</p> <p>Pancakes Apples/Milk PM - Cinn Toast/Milk</p>	<p>12</p>
<p>13</p>	<p>14</p> <p>Cheese Pizza Muffins Cucumbers Fruit Cocktail WG English Muffins/Milk</p> <p>Waffles Orange/Milk PM - Banana/Milk</p>	<p>15</p> <p>Meatloaf Corn Applesauce Roll/Milk</p> <p>WG Cinnamon Toast Fruit Cocktail/Milk PM - Yogurt/Milk</p>	<p>16</p> <p>Baked Chicken Green Beans Sweet Potato Fries Roll/Milk</p> <p>Cheerios Apples/Milk PM - WG Goldfish/Milk</p>	<p>17</p> <p>Ham Slice Sweet Potato Hash Applesauce Biscuits/Milk</p> <p>WG Pancakes Nectarines/Milk PM -Rice Cakes/PB/Milk</p>	<p>18</p> <p>Egg Salad Pickles Banana WG Roll/Milk</p> <p>Oatmeal Peaches/Milk PM - Breadsticks/Milk</p>	<p>19</p>
<p>20</p>	<p>21</p> <p>Lasagna w/Beef Cucumbers Pears Milk</p> <p>Pancakes Apples/Milk PM- PB WG Toast/Milk</p>	<p>22</p> <p>Chicken Stir Fry Broccoli Cantaloupe WG Brown Rice/Milk</p> <p>French Toast Grapes/Milk PM - Applesauce/Milk</p>	<p>23</p> <p>Grilled Cheese Vegetable Soup Fruit Cocktail WG Bread/Milk</p> <p>Waffles Peaches/Milk PM - Animal Crackers/Milk</p>	<p>24</p> <p>Sloppy Joes Peas Strawberries WG Roll/Milk</p> <p>Kix Orange/Milk PM - Celery/PB/Milk</p>	<p>25</p> <p>PB & J WG Sandwich String Cheese Carrots Apple/Milk</p> <p>Bagel Strawberries/Milk PM - Graham Crackers/Milk</p>	<p>26</p>
<p>27</p>	<p>28</p> <p>Homemade Chicken Soup Carrots & Celery Pineapple WG Wild Rice/Milk</p> <p>French Toast Applesauce/Milk PM - Veggies and dip/Milk</p>	<p>29</p> <p>Ham Hand Pie Broccoli Apples Biscuit/Milk</p> <p>WG Cherrios Banana/Milk PM - Graham Crackers/Milk</p>	<p>30</p> <p>Quiche Florentine Spinach Fruit Cocktail Pie Crust/Milk</p> <p>Pancakes Strawberries/Milk PM - WG Goldfish/Milk</p>			