



May 2025

First Step to Nutrition

Breakfast, Lunch & PM Snack - 1% Milk/whole milk served to children age 1 WG=whole grain

* Provider Signature: _____

Sun	Monday	Tuesday	Wednesday	Thursday	Friday	Sat
				<p>1</p> <p>X Cheese Pizza Green Beans Pears Milk</p> <p>WG Cinnamon Toast Applesauce/Milk PM - Graham Crackers/Milk</p>	<p>2</p> <p>Ham and Cheese Spinach Strawberry Salad Applesauce WG Wheat Bread/Milk</p> <p>Kix Banana/Milk PM - Apples/Milk</p>	<p>3</p>
4	<p>5</p> <p>Beef Tacos Lettuce/tomato Fruit Cocktail WG Tortilla/Milk</p> <p>Pancakes Peaches/Milk Honey Bites/Milk</p>	<p>6</p> <p>Spaghetti & Meatballs Salad Pineapple Milk</p> <p>WG Cherrios Bananas/Milk PM - Oranges/Milk</p>	<p>7</p> <p>Chicken Tenders Green Beans Fruit Cocktail Macaroni Salad/Milk</p> <p>WG Waffles Watermelon/Milk PM-Yogurt/Milk</p>	<p>8</p> <p>Pork Roast Mashed Potatoes Apples Biscuit/Milk</p> <p>WG English Muffins Grapes/Milk PM - Bananas/Milk</p>	<p>9</p> <p>SpinachEgg Frittatas Spinach Pineapple WG Toast/Milk</p> <p>Kix Apples/Milk PM - Peaches/Milk</p>	10
11	<p>12</p> <p>Hamburger Carrots/Dip Fruit Cocktail Bun/Milk</p> <p>WG Waffles Cuties/Milk PM - Strawberries/Milk</p>	<p>13</p> <p>Chicken Drumsticks Scalloped Potatoes Applesauce WG Roll/Milk</p> <p>Cinnamon Toast Bananas/Milk PM - Yogurt/Milk</p>	<p>14</p> <p>Turkey Breast Green Beans Sweet Potatoes WG Brown Rice/Milk</p> <p>Cherrios Banana/Milk PM - Fish Crackers/Milk</p>	<p>15</p> <p>Grilled Cheese Tomato Soup Strawberries WG Bread/Milk</p> <p>Bagels Apples/Milk PM -Rice Cakes/PB/Milk</p>	<p>16</p> <p>Ham Sandwich Cucumbers Fruit Salad WG Bread/Milk</p> <p>French Toast Peaches/Milk PM -String Cheese/Milk</p>	17
18	<p>19</p> <p>Lasagna w/Beef Salad Pears Milk</p> <p>WG Cherrios Strawberries/Milk PM-Fruit Smoothie/Milk</p>	<p>20</p> <p>Chicken Stir Fry Mixed Vegetables Kiwi WG Brown Rice/Milk</p> <p>Wheat Toast Grapes/Milk PM -Croissants/Milk</p>	<p>21</p> <p>X Cheese Pizza Green Beans Fruit Cocktail Milk</p> <p>WG Oatmeal Blueberries/Milk PM - Fruit Salad/Milk</p>	<p>22</p> <p>Tuna Noodle Peas Watermelon Milk</p> <p>WG Total Cuties/Milk PM - Celery/PB/Milk</p>	<p>23</p> <p>PB & J Sandwich Cheese Cubes Carrots Apple/Milk</p> <p>WG Waffles Bananas/Milk PM - Watermelon/Milk</p>	24
25	<p>26</p> <p><i>Memorial Day</i> </p>	<p>27</p> <p>Cheese Quesadilla w/spinach Peaches WG Tortilla/Milk</p> <p>Rice Krispies Banana/Milk PM - Yogurt/Milk</p>	<p>28</p> <p>WG Spaghetti & Meatballs Salad Peaches Milk</p> <p>Bagels Strawberries/Milk PM - Fruit Cup/Milk</p>	<p>29</p> <p>Grilled Cheese Vegetable Soup Strawberries WG Bread/Milk</p> <p>Pancakes Peaches/Milk PM - Grahams/Milk</p>	<p>30</p> <p>Ham Slice Home Fried Potatoes Applesauce Biscuit/Milk</p> <p>WG Cheerios Pears/Milk PM - Animal Crackers/Milk</p>	31