

# June 2025

## First Step to Nutrition

AM Snack, Dinner & Eve Snack -1% Milk/whole milk served to children age 1 WG = whole grain

\* Provider Signature: \_\_\_\_\_

Sun	Monday	Tuesday	Wednesday	Thursday	Friday	Sat
1	2	3	4	5	6	7
	AM - Applesauce/Milk  Chicken Stir Fry Snow Peas Pineapple WG Brown Rice/Milk  ES - Graham Crackers/Milk	AM - French Toast/Milk  Meatloaf Peas Apples WG Roll/Milk  ES - Animal Crackers/Milk	AM- Pineapple Pops/Milk  Turkey Sandwich Cucumbers Mandarin Oranges WG Wheat Bread/Milk  ES - Chex Mix/Milk	AM - English Muffins/Milk  Pork Chops Lima Beans Applesauce WG Roll/Milk  ES - Watermelon/Milk	AM - Croissants/Milk  Pizza Kebab/ String Cheese Cherry Tomatoes Grapes WG Pita/Milk  ES - Pretzels/Milk	
8	9	10	11	12	13	14
	AM -Banana/Milk  Sloppy Joes Corn Nectarines WG Bun/Milk  ES - Graham Crackers/Milk	AM-String Cheese/Milk  Baked Chicken Baked Beans Fruit Cocktail WG Wild Rice/Milk  ES - Pretzels/Milk	AM - Cantaloupe/Milk  Spaghetti & Meatballs Salad Pears Milk  ES - WG Toast/Milk	AM - French Toast/Milk  Vegetable Beef Soup Carrots Strawberries Crackers/Milk  ES - WG Cheerios/Milk	AM - Soft Pretzels/Milk  Egg Salad Pickles Peaches WG Pita Bread/Milk  ES - Smoothie/Milk	
15	16	17	18	19	20	21
	AM - Apples/Milk  Meatloaf Corn Applesauce WG Roll/Milk  ES - Celery and PB/Milk	AM - Cantaloupe/Milk  Turkey Sandwich Cucumbers Grapes WG Bread/Milk  ES - Pretzels/Milk	AM - Carrots/Milk  Cheese Omelet Spinach Fruit Cocktail WG Toast/Milk  ES - Graham Crackers/Milk	AM - Yogurt/Milk  Cheese Muffin Pizza Green Beans Blueberries Milk  ES - WG Toast/Milk	AM - Cuties/Milk  PB & J/String Cheese Pepper Strips Strawberries WG Bread/Milk  ES - Yogurt/Milk	
22	23	24	25	26	27	28
	AM - Applesauce /Milk  Grilled Cheese Tomato Soup Pineapple WG Bread/Milk  ES - Nectarines/Milk	AM - Watermelon/Milk  Scrambled Eggs Hash Browns Mandarins WG English Muffins/Milk  ES - Bananas/Milk	AM - Apples/Milk  Ham Corn Grapes Corn Muffin/Milk  ES - WG Crackers/Milk	AM - Cream of Wheat/Milk  Homemade Chicken Soup Carrots & Celery Fruit Cocktail WG Wild Rice/Milk  ES - Yogurt/Milk	AM - Blueberries/Milk  Cheese Muffin Pizza Salad Applesauce Milk  ES - WG GoldFish/Milk	
29	30					
	AM - Watermelon/Milk  Chicken Wrap Broccoli Banana WG Tortilla/Milk  ES - Strawberries/Milk					