

June 2025

First Step to Nutrition

Breakfast, Lunch & PM Snack - 1% Milk/whole milk served to children age 1 WG = whole grain

* Provider Signature: _____

Sun	Monday	Tuesday	Wednesday	Thursday	Friday	Sat
1 Beef Tacos Lettuce/Tomatoes Peaches WG Tortillas/Milk Oatmeal Blueberries/Milk PM - Pineapple Pops/Milk	2 Grilled Cheese Tomato Soup Fruit Cocktail WG Wheat Bread/Milk Pancakes Mandarin Oranges/Milk PM - Watermelon/Milk	3 Pizza Kebab/ Sting Cheese Cherry Tomatoes Grapes WG Pita/Milk Bagel Strawberries/Milk PM - Applesauce/Milk	4 Chicken Wrap Broccoli Banana WG Tortillas/Milk Corn Muffins Peaches/Milk PM - Pretzels/Milk	5 Scrambled Eggs Peas Pears WG Toast/Milk Rice Krispies Banana/Milk PM - Fruit Cup/Milk	6	7
8 Hotdogs Baked Beans Apples Bun/Milk WG Toast Peaches/Milk PM - Applesauce/Milk	9 Ziti/ Meatsauce Salad Pineapple Milk WG Cheerios Banana/Milk PM - Oranges/Milk	10 Grilled Sausage Green Beans Fruit Cocktail Macaroni Salad/Milk WG Oatmeal Watermelon/Milk PM-Mini Bagels/Milk	11 Chicken Legs Potato Wedges Applesauce WG Roll/Milk English Muffins Grapes/Milk PM - Froz Bananas/Milk	12 Cheese Omelet Spinach Pears WG Toast/Milk Rice Krispies Plums/Milk PM - GoldFish/Milk	13	14
15 PB&J w/ string cheese Carrots Fruit Cocktail WG Bread/Milk Waffles Cutie/Milk PM - Watermelon/Milk	16 Baked Fish Scalloped Potatoes Applesauce Roll/Milk WG Cinnamon Toast Bananas/Milk PM - Smoothie/Milk	17 Spaghetti & Meatballs Salad Kiwi Milk WG Cheerios Grapes/Milk PM - Animal Crackers/Milk	18 Sloppy joes Cauliflower Watermelon WG Bun/Milk Rice Krispies Pears/Milk PM -Rice Cakes/PB/Milk	19 Ham Sandwich Cucumbers Fruit Salad Bread/Milk WG Oatmeal Peaches/Milk PM - Blueberries/Milk	20	21
22 Lasagna w/Beef Salad Pears Milk WG Toast Strawberries/Milk PM-French Toast/Milk	23 Chicken Stir Fry Mixed Vegetables Kiwi WG Brown Rice/Milk Pancakes Grapes/Milk PM -Strawberries/Milk	24 Turkey Sandwich Broccoli Fruit Cocktail WG Bread/Milk Bagels Plums/Milk PM - Fruit Salad/Milk	25 Baked Chicken Lima Beans Watermelon WG Roll/Milk Kix Banana/Milk PM - Celery/PB/Milk	26 PB&J w/ string cheese Carrots Apples WG Bread/Milk Waffles Cutie/Milk PM - Animal Crackers/Milk	27	28
29 Spaghetti & Meatballs Salad Fruit Cocktail Milk WG Cherrios Banana/Milk PM - Animal Crackers/Milk	30					