


# AUGUST 2025

## First Step to Nutrition

AM Snack, Dinner & Eve Snack - 1% Milk/Whole Milk served to children age 1 WG= whole grain

\* Provider Signature: \_\_\_\_\_

Sun	Monday	Tuesday	Wednesday	Thursday	Friday	Sat
31 					1 AM - WG Cinn Toast/Milk  Chicken Salad Tomato/Cucumber Peaches Roll/Milk  ES - PB Banana/Milk	2
3	4 AM -Banana/Milk  Sloppy Joes Broccoli Apple WG Bun/Milk  ES - Graham Crackers/Milk	5 AM-String Cheese/Milk  Chicken Legs Green Beans Fruit Cocktail Roll/Milk  ES - WG Oatmeal/Milk	6 AM - Bagel/Milk  Baked Ziti w/cheese Salad Pears Milk  ES - WG Cracker/Milk	7 AM - Waffles/Milk  Grilled Cheese Tomato Soup Strawberries WG Wheat Bread/Milk  ES - Kix/Milk	8 AM - Soft Pretzels/Milk  Scrambled Eggs Peas Pineapple WG Wheat Pita Bread/Milk  ES - Watermelon/Milk	9
10	11 AM - Apples/Milk  Meatloaf Corn Applesauce WG Brown Rice/Milk  ES - Yogurt/Milk	12 AM - Raisin Bread/Milk  Baked Chicken Sweet Potato Fries Peaches Biscuit/Milk  ES - WG Cracker/Milk	13 AM - Carrots&Dip/Milk  Fish Fillets Lima Beans Kiwi WG Brown Rice/Milk  ES - String Cheese/Milk	14 AM - English Muffin/Milk  X Cheese Pizza Green Beans Fruit Cocktail Milk  ES - WG Oatmeal/Milk	15 AM - Rice Cakes/Milk  Egg Bake w/ Spinach Strawberries WG Toast/Milk  ES - Frozen Bananas/Milk	16
17	18 AM - Apple /Milk  Grilled Cheese Tomato Soup Pineapple WG Wheat Bread/Milk  ES - Yogurt/Milk	19 AM - Peaches/Milk  Scrambled Eggs Hash Browns Mandarin Oranges English Muffin/Milk  ES - WG Crackers/Milk	20 AM - Croissants/Milk  Ham Sandwich Cucumbers Grapes WG Wheat Bread/Milk  ES - Pretzels/Milk	21 AM - Oatmeal/Milk  Chicken Legs Cauliflower Fruit Cocktail WG Brown Rice/Milk  ES - Peach Smoothie/Milk	22 AM - Animal Crackers/Milk  Cheese Pizza Muffin Salad Applesauce English Muffin/Milk  ES -WG Oatmeal/Milk	23
24	25 AM - Yogurt/Milk  Beef Tacos Lettuce/Tomato Fruit Cocktail WG Tortillas/Milk  ES - String Cheese/Milk	26 AM - French Toast/Milk  Lasagna w/Cheese Salad Strawberries Milk  ES - WG Crackers/Milk	27 AM - Bagel/Milk  PBJ and String Cheese Cucumbers Peaches WG Wheat Bread/Milk  ES - Banana/Milk	28 AM - Applesauce/Milk  Chicken Stir Fry Broccoli Pineapple WG Rice/Milk  ES - Pretzels/Milk	29 AM - String Cheese/Milk  Hotdogs Baked Beans Oranges Bun/Milk  ES - WG Oatmeal/Milk	30