

First Step to Nutrition

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October Dates To Remember:

- August direct deposit is scheduled to be released on **September 24**.
- September claim is due in the office on **October 3 by 9:00 AM**.
- *The payment schedule dates for 2025 -2026 are **estimated dates**. We cannot guarantee deposit dates received from Pennsylvania State Treasury.*



Payment Schedule 2026

<u>Claim Month</u>	<u>Claim Deadline</u>	<u>Payment Release</u>
September	10/03/25	10/23/25
October	11/05/25	12/01/25
November	12/03/25	12/24/25
December	01/02/26	01/29/26
January	02/04/26	02/26/26
February	03/04/26	03/25/26
March	04/03/26	04/22/26
April	05/05/26	05/28/26
May	06/03/26	06/25/26
June	07/03/26	07/22/26
July	08/05/26	08/26/26
August	09/03/26	TBA

New Added Sugar Limits Start October 1, 2025

- All breakfast cereals must contain no more than 6 grams of added sugars per dry ounce.
- All Yogurts must contain no more than 12 grams of added sugars per 6 ounces.
- Please refer to attached handouts for charts to verify your Cereals and Yogurts qualify.

Please allow 24 hours for deposits to clear your bank accounts

