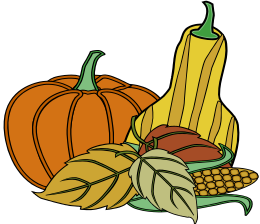


November 2025

First Step To Nutrition

Breakfast,Lunch & PM Snack-1% Milk/Whole Milk served to children age 1 WG=whole grain

* Provider Signature: _____

Sun	Monday	Tuesday	Wednesday	Thursday	Friday	Sat
30						1
2	3 Meatloaf Mashed Potatoes Pineapple WG Dinner Roll/Milk Sweet Potato Pancakes Grapes/Milk PM - Grahams/Milk	4 Turkey Sandwich Cucumbers Pears WG Wheat Bread/Milk Waffles Peaches/Milk PM - Carrots/Milk	5 Chicken Tenders Sweet Potato Fries Pears Cornbread/Milk WG Oatmeal Oranges/Milk PM - Yogurt/Milk	6 English Muffin Pizzas Carrots Mandarin Oranges Mozz Cheese/Milk WG Cheerios Bananas/Milk PM - Animal Crackers/Milk	7 Fish Fillets Lima Beans Fruit Cocktail Fish Crackers/Milk WG Toast Applesauce/Milk PM - String Cheese/Milk	8
9	10 Chicken Soup Potatoes/Carrots Applesauce WG Crackers/Milk French Toast Pears/Milk PM - Apples/Milk	11 Chicken Fried Rice Broccoli Fruit Cocktail WG Brown RiceMilk Bagels Kiwi/Milk PM - Animal Crackers/Milk	12 Cheese Omelet Red Beets Mandarin Oranges English Muffin/Milk WG Cheerios Banana/Milk PM - Celery/PB/Milk	13 Baked Ham Slice Corn Peaches WG Brown Rice/Milk Pancakes Peaches/Milk PM - Pretzels/Milk	14 Baked Chicken Green Beans Apples Roll/Milk WG Oatmeal Oranges/Milk PM - Baked Pears/Milk	15
16	17 Turkey and Cheese Broccoli Pears WG Wheat Bread/Milk English Muffins Fruit Salad/Milk PM - String Cheese/Milk	18 X Cheese Pizza Lima Beans Fruit Cocktail Milk WG Cherrios Grapes/Milk PM - Baked Apples/Milk	19 Beef Tacos Lettuce/tomatoes Pineapple WG Soft Tortillas/Milk French Toast Apple/Milk PM - Goldfish/Milk	20 Spaghetti and Meatballs Salad' Peaches Milk Rice Krispies Bananas/Milk PM - WG Cinn Toast/Milk	21 Grilled Cheese Tomato Soup Pears WG Bread/Milk Waffles Peaches/Milk PM - Apples/PB/Milk	22
23	24 Chicken Salad Sandwich Cucumbers Apple WG Wheat Bread/Milk Cheerios Banana/Milk PM - Pretzels/Milk	25 Hotdogs Potato Skins Applesauce WG Bun/Milk Waffles Fruit Cocktail/Milk PM - Cornbread/Milk	26 PB&J String Cheese Cucumbers/Banana WG Bread/Milk Rice Krispies Banana/Milk PM - Applesauce/Milk	27 	28 Turkey Soup Carrots Apples WG Crackers/Milk Sweet Potato Pancakes Applesauce/Milk PM - Yogurt/Milk	29