

December 2025

First Step to Nutrition

Breakfast, Lunch & PM Snack - 1% Milk/Whole Milk served to children age 1 WG=whole grain

* Provider Signature: _____

Sun	Monday	Tuesday	Wednesday	Thursday	Friday	Sat
	1 WG Spaghetti & Meatballs Salad Fruit Cocktail Milk Pumpkin Smoothie Toast/Milk PM - Animal Crackers/Milk	2 WG English Muffin Pizza Green Beans Oranges Mozz Cheese/Milk Pancakes Pears/Milk PM - Applesauce/Milk	3 Veg Pasta Soup String Cheese Apples Milk WG Cheerios Banana/Milk PM - Grahams/Milk	4 Grilled Cheese Peas Pears WG Wheat Bread/Milk Cinnamon Toast Applesauce/Milk PM - Cornbread/Milk	5 Turkey Sausage w/Cran-Apple Potato Tots WG Roll/Milk Mini Bagels Strawberries/Milk PM - Goldfish/Milk	6
7	8 Homemade Chicken Soup Carrots Peaches WG Brown Rice/Milk Waffles Apples/Milk PM - Baked Pears/Milk	9 Scrambled Eggs Broccoli Pears English Muffins/Milk WG Cheerios Orange/Milk PM - Yogurt/Milk	10 Hot Dogs Baked Beans Apples Bun/Milk Bagel Grapes/Milk PM - WG Goldfish/Milk	11 Ham & Cheese Roll-Ups Cucumbers Pineapple Soft Tortilla/Milk WG Cinn Wheat Toast Peaches/Milk PM - Fruit Salad/Milk	12 PB & J Sandwich String Cheese Carrots/Apple WG Wheat Bread/Milk Pancakes Banana/Milk PM - Crackers/PB/Milk	13
14	15 Grilled Cheese Tomato Soup Bananas WG Wheat Bread/Milk Pumpkin Pancakes Apple/Milk PM - Yogurt/Milk	16 Meatloaf Peas Applesauce Roll/Milk WG Cheerios Bananas/Milk PM-Soft Pretzels/Milk	17 Roast Turkey Breast Mashed Potatoes Pineapple Stuffing/Milk WG Cinn Wheat Toast Apple/Milk PM - Croissants/Milk	18 Sloppy Joes Tater Tots Fruit Cocktail Bun/Milk WG Oatmeal Applesauce/Milk PM - Carrots & Dip/Milk	19 Cheese Omelet Tomatoes/Peppers Fruit Cocktail WG Wheat Toast/Milk Cornflakes Banana/Milk PM - String Cheese/Milk	20
21	22 Chicken Tenders Cauliflower Peaches WG Roll/Milk Cream of Wheat Pears/Milk PM-Animal Crackers/Milk	23 Pork Roast Brussel Sprouts Sweet Potatoes Stuffing/Milk Pancakes Blueberries/Milk PM-WG Crackers/Milk	24 X Cheese Pizza Green Beans Applesauce Milk WG Oatmeal Apples/Milk PM - Corn Muffin/Milk	25 	26 Beef Tacos Lettuce/Tomato Pineapple WG Tortillas/Milk Rice Krispies Banana/Milk PM - Grahams/Milk	27
28	29 Chicken Stir Fry Broccoli Kiwi WG Brown Rice/Milk French Toast Berries/Milk PM - Rice Cakes/Milk	30 Quiche Peas Cuties Pie Crust/Milk WG Cherrios Banana/Milk PM - Bakes Pears/Milk	31 WG Spaghetti & Meatsauce Salad Tangerine Milk Cran Pumpkin Muffin Applesauce/Milk PM - Grahams/Milk			