

April 2026

First Step to Nutrition

Breakfast, Lunch & PM Snack - 1% Milk/whole milk served to children age 1 WG = whole grain

\* Provider Signature: \_\_\_\_\_

Sun	Monday	Tuesday	Wednesday	Thursday	Friday	Sat
			1 Beef Tacos Lettuce/Tomato Pineapple WG Tortillas/Milk  English Muffin Peaches/Milk PM String Cheese/Milk	2 Fish Fillets Green Beans Fruit Cocktail Hush Puppies/Milk  WG Oatmeal Strawberries/Milk PM - Celery/PB/Milk	3 Macaroni & Cheese Tomatoes Applesauce Milk  Egg WG Toast Grapes/Milk PM - Yogurt/Milk	4
5	6 Pork Roast Roasted Carrots Applesauce Roll/Milk  Waffles Peaches/Milk PM - WG Muffin/Milk	7 Spaghetti w/ Meatballs Salad Pineapple Milk  WG Cheerios Banana/Milk PM - Oranges/Milk	8 Chicken Drumsticks Green Beans Fruit Cocktail Macaroni Salad/Milk  Cream of Wheat Mandarin Oranges/Milk PM-WG Bagel/Milk	9 Sloppy Joes Sweet Potato Fries Apple Bun/Milk  WG English Muffins Grapes/Milk PM - Banana/Milk	10 Cheese Quesadillas Black Beans Pineapple WG Tortillas/Milk  Pancakes Apples/Milk PM - Cinn Toast/Milk	11
12	13 Cheese Pizza Muffins Cucumbers Fruit Cocktail WG English Muffins/Milk  Waffles Orange/Milk PM - Banana/Milk	14 Meatloaf Corn Applesauce Roll/Milk  WG Cinnamon Toast Fruit Cocktail/Milk PM - Yogurt/Milk	15 Baked Chicken Green Beans Sweet Potato Fries Roll/Milk  Cheerios Apples/Milk PM - WG Goldfish/Milk	16 Ham Slice Sweet Potato Hash Applesauce Biscuits/Milk  WG Pancakes Nectarines/Milk PM -Rice Cakes/PB/Milk	17 Egg Salad Pickles Banana WG Roll/Milk  Oatmeal Peaches/Milk PM - Breadsticks/Milk	18
19	20 Lasagna w/Beef Cucumbers Pears Milk  Pancakes Apples/Milk PM- PB WG Toast/Milk	21 Chicken Stir Fry Broccoli Cantaloupe WG Brown Rice/Milk  French Toast Grapes/Milk PM - Applesauce/Milk	22 Grilled Cheese Vegetable Soup Fruit Cocktail WG Bread/Milk  Waffles Peaches/Milk PM - Animal Crackers/Milk	23 Sloppy Joes Peas Strawberries WG Roll/Milk  Kix Orange/Milk PM - Celery/PB/Milk	24 PB & J WG Sandwich String Cheese Carrots Apple/Milk  Bagel Strawberries/Milk PM - Graham Crackers/Milk	25
26	27 Homemade Chicken Soup Carrots & Celery Pineapple WG Wild Rice/Milk  French Toast Applesauce/Milk PM - Veggies and dip/Milk	28 Ham Slice Broccoli Apples Biscuit/Milk  WG Cherrios Banana/Milk PM - Graham Crackers/Milk	29 Quiche Spinach Fruit Cocktail Pie Crust/Milk  Pancakes Strawberries/Milk PM - WG Goldfish/Milk	30 Hotdogs Baked Beans Apples Bun/Milk  WG Waffles Blueberries/Milk PM - Owl E. Muffin/Milk		