


June 2026

First Step to Nutrition

Breakfast, Lunch & PM Snack - 1% Milk/whole milk served to children age 1 WG = whole grain

* Provider Signature: _____

| Sun | Monday | Tuesday | Wednesday | Thursday | Friday | Sat |
|-----------|---|---|--|--|--|-----------|
| | 1 Beef Tacos Lettuce/Tomatoes Peaches WG Tortillas/Milk Oatmeal Blueberries/Milk PM - Pineapple/Milk | 2 Grilled Cheese Tomato Soup Fruit Cocktail WG Wheat Bread/Milk Pancakes Mandarin Oranges/Milk PM - Watermelon/Milk | 3 X Cheese Pizza Tomatoes/String Cheese Grapes Crust/Milk WG Cinn Toast Strawberries/Milk PM - Applesauce/Milk | 4 Chicken Wrap Broccoli Banana WG Tortillas/Milk Corn Muffins Peaches/Milk PM - Pretzels/Milk | 5 Scrambled Eggs Peas Pears WG Toast/Milk Rice Krispies Banana/Milk PM - Fruit Cup/Milk | 6 |
| 7 | 8 Hotdogs Baked Beans Apples Bun/Milk WG Toast Peaches/Milk PM - Applesauce/Milk | 9 Ziti/ Meatsauce Salad Pineapple Milk WG Cheerios Banana/Milk PM - Oranges/Milk | 10 Grilled Sausage Green Beans Fruit Cocktail Macaroni Salad/Milk WG Oatmeal Watermelon/Milk PM-Mini Bagels/Milk | 11 Chicken Legs Potato Wedges Applesauce WG Roll/Milk English Muffins Grapes/Milk PM - Froz Bananas/Milk | 12 Cheese Omelet Spinach Pears WG Toast/Milk Rice Krispies Plums/Milk PM - GoldFish/Milk | 13 |
| 14 | 15 PB&J w/ string cheese Carrots Fruit Cocktail WG Bread/Milk Waffles Cutie/Milk PM - Watermelon/Milk | 16 Baked Fish Scalloped Potatoes Applesauce Roll/Milk WG Cinnamon Toast Bananas/Milk PM - Smoothie/Milk | 17 Spaghetti & Meatballs Salad Kiwi Milk WG Cheerios Grapes/Milk PM - Animal Crackers/Milk | 18 Sloppy joes Cauliflower Watermelon WG Bun/Milk Rice Krispies Pears/Milk PM -Rice Cakes/PB/Milk | 19 Ham Sandwich Cucumbers Fruit Salad Bread/Milk WG Oatmeal Peaches/Milk PM - Blueberries/Milk | 20 |
| 21 | 22 Lasagna w/Beef Salad Pears Milk WG Toast Strawberries/Milk PM-French Toast/Milk | 23 Chicken Stir Fry Mixed Vegetables Kiwi WG Brown Rice/Milk Pancakes Grapes/Milk PM -Strawberries/Milk | 24 Turkey Sandwich Broccoli Fruit Cocktail WG Bread/Milk Bagels Plums/Milk PM - Fruit Salad/Milk | 25 Baked Chicken Lima Beans Watermelon WG Roll/Milk Kix Banana/Milk PM - Celery/PB/Milk | 26 PB&J w/ string cheese Carrots Apples WG Bread/Milk Waffles Cutie/Milk PM - Graham Crackers/Milk | 27 |
| 28 | 29 Spaghetti & Meatballs Salad Fruit Cocktail Milk WG Cherrios Banana/Milk PM - Animal Crackers/Milk | 30 Beef Tacos Lettuce/Tomato Pears WG Tortillas/Milk Toast Applesauce/Milk PM - Fruit Salad/Milk | |  | | |