

AUGUST 2026

First Step to Nutrition

AM Snack, Dinner & Eve Snack - Whole Milk served to children age 1 WG= whole grain

* Provider Signature: _____

Sun	Monday	Tuesday	Wednesday	Thursday	Friday	Sat
30 AM - WG Cinn Toast/Milk Chicken Salad Tomato/Cucumber Peaches Roll/Milk ES - PB Banana/Milk	31 AM -Banana/Milk Sloppy Joes Broccoli Apple WG Bun/Milk ES - Graham Crackers/Milk					1
2 AM -Banana/Milk Sloppy Joes Broccoli Apple WG Bun/Milk ES - Graham Crackers/Milk	3 AM-String Cheese/Milk Chicken Legs Green Beans Fruit Cocktail Roll/Milk ES - WG Oatmeal/Milk	4 AM - Bagel/Milk Baked Ziti w/cheese Salad Pears Milk ES - WG Cracker/Milk	5 AM - Waffles/Milk Grilled Cheese Tomato Soup Strawberries WG Wheat Bread/Milk ES - Kix/Milk	6 AM - Soft Pretzels/Milk Scrambled Eggs Peas Pineapple WG Wheat Pita Bread/Milk ES - Watermelon/Milk	7	8
9 AM - Apples/Milk Meatloaf Corn Applesauce WG Brown Rice/Milk ES - Yogurt/Milk	10 AM - Raisin Bread/Milk Baked Chicken Sweet Potato Fries Peaches Biscuit/Milk ES - WG Cracker/Milk	11 AM - Carrots&Dip/Milk Fish Fillets Lima Beans Kiwi WG Brown Rice/Milk ES - String Cheese/Milk	12 AM - English Muffin/Milk X Cheese Pizza Green Beans Fruit Cocktail Milk ES - WG Oatmeal/Milk	13 AM - Rice Cakes/Milk Garden Soup w/ Ground Beef and Green Beans Strawberries WG Crackers/Milk ES - Frozen Bananas/Milk	14	15
16 AM - Apple /Milk Grilled Cheese Tomato Soup Pineapple WG Wheat Bread/Milk ES - Yogurt/Milk	17 AM - Peaches/Milk Scrambled Eggs Hash Browns Mandarin Oranges English Muffin/Milk ES - WG Crackers/Milk	18 AM - Croissants/Milk Ham Sandwich Cucumbers Grapes WG Wheat Bread/Milk ES - Pretzels/Milk	19 AM - Oatmeal/Milk Chicken Legs Cauliflower Fruit Cocktail WG Brown Rice/Milk ES - Peach Smoothie/Milk	20 AM - Animal Crackers/Milk Cheese Pizza Muffin Salad Applesauce English Muffin/Milk ES -WG Oatmeal/Milk	21	22
23 AM - Yogurt/Milk Beef Tacos Lettuce/Tomato Fruit Cocktail WG Tortillas/Milk ES - String Cheese/Milk	24 AM - French Toast/Milk Lasagna w/Cheese Salad Strawberries Milk ES - WG Crackers/Milk	25 AM - Bagel/Milk PBJ and String Cheese Cucumbers Peaches WG Wheat Bread/Milk ES - Banana/Milk	26 AM - Applesauce/Milk Chicken Stir Fry Broccoli Pineapple WG Rice/Milk ES - Pretzels/Milk	27 AM - String Cheese/Milk Hotdogs Baked Beans Oranges Bun/Milk ES - WG Oatmeal/Milk	28	29